

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

|  <h1 style="text-align: center;">May 2024</h1> <h2 style="text-align: center;">CEDAR PLACE</h2> | | | | | | |
|--|---|---|--|---|--|---|
| <p>10:00 Let's Talk About It 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2nd Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music</p> <p style="text-align: right;">5</p> | <p>10:00 Let's Talk About It 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Monday Movie Popcorn & Drink provided New in Town 4:00 TV Game Show 6:00 Games w/ Aurora</p> <p style="text-align: right;">6</p> | <p>10:00 Current Events 10:30 Seated Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Puzzle Time 2:00 Entertainment on 3rd Fl Vintage Entertainment 3:00 Cheese & Crackers Social 3:30 Finish the Phrase/Lyrics 6:00 Time with Collin</p> <p style="text-align: right;">7</p> | <p>10:00 Current Events 10:30 Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Mindful Meditation 2:00 Baking w/ Yamece-M 3:00 DVD Singalong 4:00 Olympics Replays 4:30 Catholic Service 2nd Fl aud 6:00 Games w/ Aurora</p> <p style="text-align: right;">8</p> | <p>10:00 Prayer Group - M 10:00 Current Events 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Brain Aerobics 1:00 Chicken Soup for the Soul 2:00 Sing Along w/ Bob Kibler-M 3:00 Afternoon Social 3:30 National Geographics 6:00 Time with Collin</p> <p style="text-align: right;">9</p> | <p>10:00 Let's Talk About It 10:30 Sit & Be Fit 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Scenic Ride - Outside 3:00 Friday Social 4:00 Live Concerts 6:00 Games w/ Aurora</p> <p style="text-align: right;">10</p> | <p>10:00 What's Going On 10:30 Zumba w/ Leilani - M 11:00 Daily Chronicle Reading 11:30 Mind Aerobics 1:30 Games IN2L/Magic Table 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Magic Table</p> <p style="text-align: right;">11</p> |
| <p>10:00 Let's Talk About It 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2nd Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music</p> <p style="text-align: right;">12</p> | <p>10:00 Let's Talk About It 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Monday Movie Popcorn & Drink provided Pride & Prejudice 4:00 TV Game Show 6:00 Games w/ Aurora</p> <p style="text-align: right;">13</p> | <p>10:00 Current Events 10:30 Seated Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Puzzle Time 2:00 Entertainment on 3rd Fl Charles Lee 3:00 Afternoon Social 3:30 Finish the Phrase/Lyrics 6:00 Time with Collin</p> <p style="text-align: right;">14</p> | <p>10:00 Current Events 10:30 Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Mindful Meditation 2:00 Baking w/ Yamece-M 3:00 DVD Singalong 4:00 Olympics Replays 4:30 Catholic Service 2nd Fl aud 6:00 Games w/ Aurora</p> <p style="text-align: right;">15</p> | <p>10:00 Prayer Group - M 10:00 Current Events 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Brain Aerobics 1:00 Chicken Soup for the Soul 2:00 Sing Along w/ Bob Kibler-M 3:00 Afternoon Social 3:30 National Geographics 6:00 Time with Collin</p> <p style="text-align: right;">16</p> | <p>10:00 Let's Talk About It 10:30 Sit & Be Fit 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Games with Friends 3:00 Ice Cream Social 4:00 Live Concerts 6:00 Games w/ Aurora</p> <p style="text-align: right;">17</p> | <p>10:00 What's Going On 10:30 Zumba w/ Leilani - M 11:00 Daily Chronicle Reading 11:30 Mind Aerobics 1:30 Games IN2L/Magic Table 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Magic Table</p> <p style="text-align: right;">18</p> |
| <p>10:00 Let's Talk About It 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2nd Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music</p> <p style="text-align: right;">19</p> | <p>10:00 Let's Talk About It 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Monday Movie Popcorn & Drink provided The Longest Ride 4:00 TV Game Show 6:00 Games w/ Aurora</p> <p style="text-align: right;">20</p> | <p>10:00 Current Events 10:30 Seated Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Puzzle Time 2:00 Entertainment on 3rd Fl Steve Flynn 3:00 Afternoon Social 3:30 Finish the Phrase/Lyrics 6:00 Time with Collin</p> <p style="text-align: right;">21</p> | <p>10:00 Current Events 10:30 Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Mindful Meditation 2:00 Baking w/ Yamece-M 3:00 DVD Singalong 4:00 Olympics Replays 4:30 Catholic Service 2nd Fl aud 6:00 Games w/ Aurora</p> <p style="text-align: right;">22</p> | <p>10:00 Volunteer Prayer Group 10:00 Current Events 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Brain Aerobics 1:00 Chicken Soup for the Soul 2:00 Virtual Walk - Hawaii 3:00 Afternoon Social 3:30 National Geographic 6:00 Time w/ Collin</p> <p style="text-align: right;">23</p> | <p>10:00 Let's Talk About It 10:30 Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Get Moving with Positive Music – DJ Randy - M 3:00 Cheese & Crackers Social 4:00 Live Concerts 6:00 Games w/ Aurora</p> <p style="text-align: right;">24</p> | <p>10:00 What's Going On 10:30 Morning Exercise - Crissy 11:00 Daily Chronicle Reading 11:30 Mind Aerobics 1:30 Games IN2L/Magic Table 2:30 It's Show Time 3:30 Afternoon Social 4:00 Sing Along – DVD 4:30 Magic Table</p> <p style="text-align: right;">25</p> |
| <p>10:00 Let's Talk About It 10:30 Daily Chronicle Reading 11:00 Stretch & Flex - Collin 11:30 Songs of Inspiration & Praise 1:00 Meditation on IN2L 1:30 IN2L Travel Tour 2:00 Protestant Church Service 2nd Fl Auditorium or Zoom 2:30 Finish the Phrase/Lyrics 3:30 Afternoon Social & Music</p> <p style="text-align: right;">26</p> | <p>10:00 Let's Talk About It 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Monday Movie Popcorn & Drink provided Intern 4:00 TV Game Show 6:00 Games w/ Aurora</p> <p style="text-align: right;">27</p> | <p>10:00 Current Events 10:30 Seated Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Puzzle Time 2:00 Online Concert 3:00 Afternoon Social 3:30 Finish the Phrase/Lyrics 6:00 Time with Collin</p> <p style="text-align: right;">28</p> | <p>10:00 Current Events 10:30 Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Mindful Meditation 2:00 Baking w/ Yamece-M 3:00 DVD Singalong 4:00 Olympics Replays 4:30 Catholic Service 2nd Fl aud 6:00 Games w/ Aurora</p> <p style="text-align: right;">29</p> | <p>10:00 Volunteer Prayer Group 10:00 Current Events 10:30 Exercise w/ Crissy 11:00 Chronicle Reading 11:30 Brain Aerobics 1:00 Chicken Soup for the Soul 2:00 Tropical Cascades DVD 3:00 Afternoon Social 3:30 National Geographic 6:00 Time w/ Collin</p> <p style="text-align: right;">30</p> | <p>10:00 Let's Talk About It 10:30 Exercise 11:00 Chronicle Reading 11:30 Assorted Trivia 1:00 Finish the Phrase 2:00 Fun For All - OUTSIDE Sidwell gardens, games & music 4:00 Live Concerts 6:00 Games w/ Aurora</p> <p style="text-align: right;">31</p> | <p>Weekend activities are on Monterey Place M=Monterey Place – 5th</p>  |